Coaches,

I hope that your season is going well and you are seeing your athletes reach the goals that they intended to meet. Attached is some important information that you need to know in preparation for the Regional and State meets.

**Names-** Check and make sure that all of your lifter’s names are correct on the website. If there are any errors or double listings due to misspellings let me know because this is how they will appear in the programs and on the lifter cards at the Regional and State meet.

**Last Qualifying Date- February 22, 2025**. All results from any qualifying meets, should be sent in by midnight on the 22nd. No results will be accepted after that time.

**Weight Declaration-** If you have any lifters who are qualified in more than one weight class, you must declare his weight class by **3:00 pm on February 24th**. If you do not declare by this time, the lifter will be placed in the heavier weight class. Also, if you have any qualified lifters who are not going to compete at the Regional meet, let me know by 3:00 P.M. You must contact me by email or cell phone. If you fail to remove a lifter, you will still be responsible for the $35.00 entry fee. **The top 12 lifters in each weight class qualify for the Regional meet.**

**Regional Meet- Saturday, March 1, 2025 at Dickinson High School - Gym**

**Entry Fee- $35.00 per lifter. Cash or checks only. Make all checks payable to Dickinson ISD Athletics No Refunds will be given so make sure your entry fees are correct. Do not mail, you must have check in hand.**

**Early Weigh In- Friday, February 28th - 4:00- 6:00 pm at Dickinson High School- Gym**

**Weigh In- Saturday, March 1st - 6:30- 8:30 am at Dickinson High School- Gym**

**At check in, please bring the following items.**

* **Entry Fees**
* **Drug Testing Form**
* **Eligibility Forms**
* **Meet Release Form**
* **Scholarship Applications**

**Judges Meeting- 8:30 am**

**Coaches Meeting- 8:40 am**

**Lifting Begins- 9:00 am**

* **This will be a 3 platform meet.**
* **Admission: $5.00**
* **T- Shirt company (Fine Designs) will be on site to sale shirts and other custom apparel. Cash or Credit will be accepted.**

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* **Team Meal Deal (Chick -fila Sandwich / Chips / Sweet (Candy) / Bottle Water) for $10.00 each can be purchased through DHS Booster club. Separate payment is required; do not include meal money with entry fee check!! Make checks payable to DHS Booster Club. Pre-order by emailing to DHSGatorPride@gmail.com.**

* **The address of the school is:**

 **Dickinson High School 3800 Baker Drive**

 **Dickinson, TX 77539**

If you have any other questions regarding the meet or about Dickinson and accommodations, please do not hesitate to ask. Please share this information with your lifters and parents.

Thanks,

Earl Ricicar

THSPA Region 4 Division 1

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